

THE ABC'S OF EPD IN ENDOMETRIOSIS

(EPD-EXTRA-PELVIC DISEASE- LESIONS LOCATED OUTSIDE OF THE REPRODUCTIVE SYSTEM)

PURPOSE: TO HIGHLIGHT VARIOUS LOCATIONS ENDOMETRIOSIS LESIONS HAVE BEEN FOUND. ENQUIRE OF A PATIENT, OR LISTEN TO THEM WHEN CATAMENIAL SIGNS AND SYMPTOMS, EVEN IN REMOTE AREAS ARE BROUGHT TO ATTENTION.

A: ADRENAL GLAND, ALVEOLI, AORTA, APPENDIX

B: BLADDER, BONE, BRONCHI(OLES),

C: CECUM, CEREBELLUM, CEREBRUM, CONA MEDULLARIS

D: DIAPHRAGM

E: EXTERNAL OBLIQUE MUSCLE, EXTERNAL ILIAC VEIN

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F: FEMORAL NERVE, FEMORAL VEIN

G: GALLBLADDER, GASTROCNEMIUS MUSCLE,
GLUTEUS MEDIUS AND MINIMUS MUSCLES, GROIN

H: HEART

I: ILIO-CECAL VALVE, ILIUM, INGUINAL

J: JEJUNUM

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K: KIDNEY, KNEE

L: LIVER, LYMPH NODES

M: MESENTERY, MEDIASTINUM

N: NASAL MUCOSA, NERVE ROOT

O: OBTURATOR INTERNUS MUSCLE, OBTURATOR NERVE,
OMENTUM (GREATER)

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P: PANCREAS, PARIETAL PLEURA, PERICARDIUM, PERINEUM,
PIRIFORMIS MUSCLE, PSOAS MAJOR AND PYRAMIDALIS
MUSCLES

Q: CAUDA EQUINA QUADRICEPS FEMORIS MUSCLE GROUP

R: RECTUM, RECTUS ABDOMINUS AND RECTUS FEMORIS MUSCLES,
ROUND LIGAMENT (INGUINAL AREA)

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S: SCAR, SCIATIC NERVE (TIBIAL AND FIBULAR), SIGMOID
COLON, SKIN, STOMACH, SUBARACHNOID SPACE

T: TRACHEA

U: UMBILICUS, URETER, URETHRA

V: VAGINA, (VEIN), VERTEBRAE, VISCERAL PLEURA, VULVA

W: WRIST

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X: SACRAL PLEXUS

Y: PARENCHYMA (LUNG)

Z: (Z-FILAMENTS)

**NOW I KNOW MY ABC'S,
EXTRA-PELVIC DISEASE
BE SEEN**

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A: ADRENAL GLAND- REHMAN J ET AL. A CASE OF SUCCESSFUL LAPAROSCOPIC RESECTION OF ADRENAL GLAND ENDOMETRIOSIS. FERT STER. 2008;90(5):2015.E7-E9

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PODGAEC S ET AL. EPIGASTRIC PAIN RELATING TO MENSES. SAO PAULO MED J. 2008; 126(4): 242-4.

THE ABC'S OF EPD IN ENDOMETRIOSIS

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- B: BLADDER:** GABRIEL B ET AL. PREVALENCE AND MANAGEMENT OF URINARY TRACT ENDOMETRIOSIS: A CLINICAL CASE SERIES. UROLOGY.2011;78(6):1269-74
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- B: BONE (ILIUM):** REDWINE DB, SHARPE DR. ENDOMETRIOSIS OF THE OBTURATOR NERVE. A CASE REPORT. J REPROD MED. 1990;35(4):434-5. (ABSTRACT-PERIOSTEUM)
- B: BRONCHI(OLE):** KUO PH ET AL. BRONCHOSCOPIC AND ANGIOGRAPHIC FINDINGS IN TRACHEOBRONCHIAL ENDOMETRIOSIS. THORAX. 1996;51:1050-1.

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- C: CECUM:** RIVKINE E ET AL. ILEOCOLIC INTUSSUSCEPTION DUE TO A CECAL ENDOMETRIOSIS: CASE REPORT AND REVIEW OF LITERATURE. DIAGNOSTIC PATHOLOGY. 2012;7:62
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THE ABC'S OF EPD IN ENDOMETRIOSIS

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D: DIAPHRAGM: NEZHAT C ET AL. LAPAROSCOPIC MANAGEMENT OF HEPATIC ENDOMETRIOSIS: REPORT OF TWO CASES AND REVIEW OF THE LITERATURE. JMIG.2005;12:196-200

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- F:** FEMORAL VEIN: RECALDE AL, MAJMUDAR B. ENDOMETRIOSIS INVOLVING THE FEMORAL VEIN. SOUTH MED J.1977;70(1): 69-74 (ADVENTITIAL LAYER)
- G:** GALLBLADDER: IAFRATE F ET AL. GALLBLADDER AND MUSCULAR ENDOMETRIOSIS: A CASE REPORT. ABDOM IMAGING. 2013;38(1):120-4
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- G:** GASTROCNEMIUS MUSCLE: POLI-NETO O ET AL. ENDOMETRIOSIS OF THE SOLEUS AND GASTROCNEMIUS MUSCLES. GASTROCNEMIUS MUSCLES. FERTILITY AND STERILITY. 2009;91(4): 1294E 13-5.
- G:** GLUTEUS MEDIUS AND MINIMUS MUSCLES: BASKAN O OZDEMIR F. ENDOMETRIOSIS OF THE SCIATIC NERVE WITH CYCLIC SCIATICA. ACTA MEDICA LITHUANICA. 2014;21(3):99-102.

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G: GROIN: DING Y ET AL. ENDOMETRIOSIS MIMICKING SOFT-TISSUE NEOPLASMS: A POTENTIAL DIAGNOSTIC PITFALL. CANCER CONTROL.2017;24(1)83-88.

H: HEART: FELSON H ET AL. STROMAL ENDOMETRIOSIS INVOLVING THE HEART. AMER J OF MED; DEC.1960:1072-76.

I: ILIO-CECAL VALVE: CIRILLO F ET AL. ENDOMETRIOSIS OF THE CAECUM AND ILEO-CAECAL VALVE. A CASE REPORT AND REVIEW OF THE LITERATURE. CHIRO ITAL.2008;60(4):603-6.

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- I: ILEUM:** BRATU D ET AL. A RARE CASE OF ILEUS CAUSED BY ILEUM ENDOMETRIOSIS.
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THE ABC'S OF EPD IN ENDOMETRIOSIS

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K: KNEE: PATEL VC ET AL. ENDOMETRIOSIS AT THE KNEE. A CASE REPORT. CLIN ORTHOP RELAT RES. 1982 NOV-DEC;(171):140-4.

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- L: LIVER:** NEZHAT C ET AL. LAPAROSCOPIC MANAGEMENT OF HEPATIC ENDOMETRIOSIS: REPORT OF TWO CASES AND REVIEW OF THE LITERATURE. JMIG.2005;12:196-200.
- L: LYMPH NODES:** ENDOMETRIOSIS OF THE SIGMOID COLON WITH ENDOMETRIOTIC FEATURES WITHIN MESENTERIC LYMPH NODES. GASTROENTEROLOGY.2007;133(6):1768,2078.
- M: MESENTERY:** BAILEY AP ET AL. FLORID ENDOMETRIOSIS IN A POSTMENOPAUSAL WOMAN. FERTILITY AND STERILITY.2010;94(7):2769E1-4.
- MEDIASTINUM:** PICHYUROV AA, ORZHESHKOVSKII OV DVORAKOVSKAIA IV ET AL. THORACIC ENDOMETRIOSIS – THE RARE PATHOLOGY IN THORACIC SURGERY. VESTNIK KHIRURGII IMEN I. I. GREKOVA. (ABSTRACT IN ENGLISH). JAN 2014;173(1):26-29.

THE ABC'S OF EPD IN ENDOMETRIOSIS

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- N:** **NASAL MUCOSA:** MIGNEMI G ET AL. A CASE REPORT OF NASAL ENDOMETRIOSIS IN A PATIENT AFFECTED BY BEHCET'S DISEASE. JMIG.2012;19:514-16.
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O: OBTURATOR NERVE: REDWINE DB, SHARPE DR. ENDOMETRIOSIS OF THE OBTURATOR NERVE. J REPROD MED 1990;35:434-5.

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THE ABC'S OF EPD IN ENDOMETRIOSIS

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P: PANCREAS: LEE DS ET AL. A CASE OF PANCREATIC ENDOMETRIAL CYST.
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P: PARIETAL PLEURA: CHANNABASAVAIAH AD, JOSEPH JV. THORACIC
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THE ABC'S OF EPD IN ENDOMETRIOSIS

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- P:** PERICARDIUM: CECCARI M ET AL. PERICARDIAL, PLEURAL AND DIAPHRAGMATIC ENDOMETRIOSIS IN ASSOCIATION WITH PELVIC PERITONEAL AND BOWEL ENDOMETRIOSIS: A CASE REPORT AND REVIEW OF THE LITERATURE. VIDEOSURGERY AND OTHER MINIINVASIVE TECH. 2012;7(2):122-127.
- P:** PERINEUM: LI J ET AL. DIAGNOSIS AND TREATMENT OF PERINEAL ENDOMETRIOSIS: REVIEW OF 17 CASES. ARCH GYNECOL OBSTET.2015;292(6):1295-9.
- P:** PIRIFORMIS MUSCLE: DOMINGUEZ-PAEZ M ET AL. SCIATICA SECONDARY TO EXTRAPELVIC ENDOMETRIOSIS AFFECTING THE PIRIFORMIS MUSCLE. CASE REPORT. NEUROCIROGIA.2012;23(4):170-2

THE ABC'S OF EPD IN ENDOMETRIOSIS

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SYSTEM)

P: PSOAS MAJOR: BHAT SN ET AL. ENDOMETRIOSIS PRESENTING LIKA A PSOAS
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P: PYRIMIDALIS MUSCLE: CRESPO R ET AL. PYRAMIDALIS MUSCLE
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(ABSTRACT-NOT DESCRIPTIVE)

Q: CAUDA EQUINA: AGRAWAL A ET AL. INTRAMEDULLARY
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NEUROSURGERY.AUG 2006;59(2):E427-8.

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THE ABC'S OF EPD IN ENDOMETRIOSIS

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SYSTEM)

Q: QUADRICEPS FEMORIS MUSCLE GROUP: PAREJA LA ET AL.
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ESP.2018;96(3):173-80.

R: RECTUM: MIZUTA N ET AL. BOWEL ENDOMETRIOSIS TREATED WITH
SIMULTANEOUS ILEOCECAL AND RECTAL SECTION. J SURGICAL CASE
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THE ABC'S OF EPD IN ENDOMETRIOSIS

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- R:** ROUND LIGAMENT (INGUINAL AREA): KHETAN N. ET AL. ENDOMETRIOSIS: PRESENTATION TO GENERAL SURGEONS. ANN R COLL SURG ENGL. 1999; 81:255-59.
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- ECKER A ET AL. ABDOMINAL WALL ENDOMETRIOSIS: A 12-YEAR EXPERIENCE AT A LARGE ACADEMIC INSTITUTION. JMIG. 2014: S31.
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- S:** SCIATIC NERVE: POSSOVER M. FIVE-YEAR FOLLOW-UP AFTER LAPAROSCOPIC LARGE NERVE RESECTION FOR DEEP INFILTRATING SCIATIC NERVE ENDOMETRIOSIS. JMIG.2017;24(5):822-26.
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THE ABC'S OF EPD IN ENDOMETRIOSIS

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- S: SIGMOID COLON:** DIMOULIOS P ET AL. A CASE OF SIGMOID ENDOMETRIOSIS
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CARE.2012;57(7):1182-85.
- S: SKIN:** ECKER A ET AL. ABDOMINAL WALL ENDOMETRIOSIS: A 12-YEAR EXPERIENCE
AT A LARGE ACADEMIC INSTITUTION. JMIG. 2014: S31.
- S: STOMACH:** JONG KUM HA ET AL. AN EXTREMELY RARE CASE OF GASTRIC
SUBEPITHELIAL TUMOR: GASTRIC ENDOMETRIOSIS. CLIN
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S: SOLEUS MUSCLE: POLI-NETO O ET AL. ENDOMETRIOSIS OF THE SOLEUS AND GASTROCNEMIUS MUSCLES. FERTILITY AND STERILITY. 2009;91(4): 1294E13-5.

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U: UMBILICUS: ECKER A ET AL. ABDOMINAL WALL ENDOMETRIOSIS: A 12-YEAR
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KHETAN N. ET AL. ENDOMETRIOSIS: PRESENTATION TO GENERAL
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BAILEY AP ET AL. FLORID ENDOMETRIOSIS IN A POSTMENOPAUSAL WOMAN.
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THE ABC'S OF EPD IN ENDOMETRIOSIS

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U: URETHRA: CHOWDY AA ET AL. ENDOMETRIOSIS PRESENTING AS A URETHRAL
DIVERTICULUM: A CASE REPORT. J REPROD MED. 2004; 49(4): 321-3.

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V: VERTEBRA: DONGXU Z ET AL. LOW BACK PAIN TIED TO SPINAL ENDOMETRIOSIS.
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THE ABC'S OF EPD IN ENDOMETRIOSIS

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- V:** **VISCERAL PLEURA:** CHANNABASAVAI AH AD, JOSEPH JV. THORACIC ENDOMETRIOSIS: REVISITING THE ASSOCIATION BETWEEN CLINICAL PRESENTATION AND THORACIC PATHOLOGY BASED ON THORACOSCOPIC FINDINGS IN 110 PATIENTS. MEDICINE.2010;89(3):183-8.
- TAKAHASHI R ET AL. LEFT-SIDED CATAMENIAL PNEUMOTHORAX WITH THORACIC ENDOMETRIOSIS AND BULLAE IN THE ALVEOLAR WALL. ANN THORAC CARDIOVASC SURG.2017;23:108-112.
- V:** **VULVA:** BRUG P ET AL. VULVAR ENDOMETRIOSIS PRESENTING WITH DYS-PAREUNIA: A CASE REPORT. J REPROD MED. 2012; 57(3-4)175-7.
- W:** **WRIST:** DING Y ET AL. ENDOMETRIOSIS MIMICKING SOFT-TISSUE NEOPLASMS: A POTENTIAL DIAGNOSTIC PITFALL. CANCER CONTROL.2017;24(1)83-88.

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X: SACRAL PLEXUS: POSOVER M ET AL. LAPAROSCOPIC THERAPY FOR ENDOMETRIOSIS AND VASCULAR ENTRAPMENT OF SACRAL PLEXUS. FERTILITY AND STERILITY. 2011;95(2):756-758. (ABSTRACT)

Y: PARENCHYMA (LUNG): CHANNABASAVAI AH AD, JOSEPH JV. THORACIC ENDOMETRIOSIS: REVISITING THE ASSOCIATION BETWEEN CLINICAL PRESENTATION AND THORACIC PATHOLOGY BASED ON THORACOSCOPIC FINDINGS IN 110 PATIENTS. MEDICINE.2010;89(3):183-8.

FANG H ET AL. CATAMENIAL PNEUMOTHORAX DUE TO BILATERAL PULMONARY ENDOMETRIOSIS. RESPIR CARE.2012;57(7):1182-5.

POH CL ET AL. PULMONARY PARENCHYMAL ENDOMETRIOSIS PRESENTING AS BILATERAL PNEUMOTHORACES. J OBSTET GYNAEC. 2011; 31(5):452-58.

Z: Z-FILAMENT: Z-FILAMENT IS THE THIN ZIGZAG STRAND AT THE Z LINE OF STRIATED MUSCLE (FIBERS TO WHICH THE ACTIN FILAMENTS ATTACH. LESIONS OF STRIATED MUSCLES INCLUDE: GLUTEALS, RECTUS ABDOMINUS AND FEMORIS, PIRIFORMIS, PSOAS AND PYRIMIDALIS).

MULTIDISCIPLINARY COLLABORATION MUST ALWAYS BE CONSIDERED. EPD MAY NOT BE AS 'RARE' AS WE PERCEIVE. LETS START THINKING OUTSIDE THE BOX.